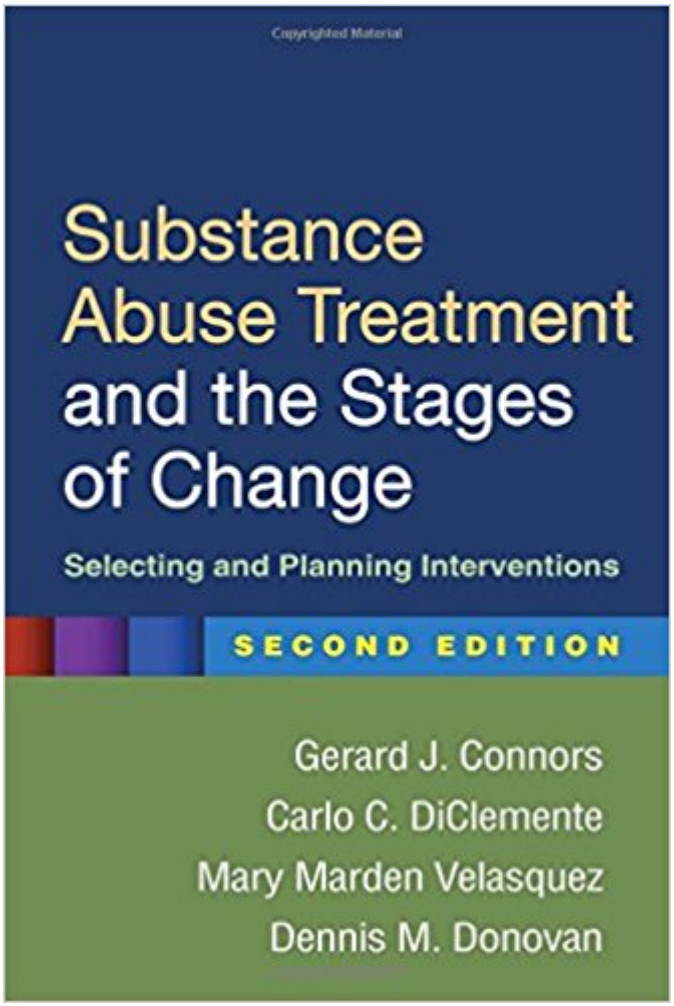
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Substance Abuse Treatment And The Stages Of Change, Second Edition: Selecting And Planning Interventions



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Synopsis

A widely adopted practitioner resource and course text, this book shows how to apply knowledge about behavior change in general -- and the stages-of-change model in particular -- to make substance abuse treatment more effective. The authors are leaders in the field who describe ways to tailor interventions for clients with varying levels of motivation or readiness to change. They draw on cutting-edge theory and research on the transtheoretical model to explain what works (and what doesn't work) at different stages of change. Rich clinical examples illustrate the "whats," "whys," and "how-tos" of using the stages-of-change model to inform treatment planning and intervention for individuals, groups, couples, and families. New to This Edition *Reflects the ongoing development of the stages-of-change model and research advances over the past decade. *Chapter on stage-based brief interventions in health care, social service, and community settings. *Group treatment chapter has been significantly revised. *Expanded coverage of the change processes relevant to each stage. See also Group Treatment for Substance Abuse, Second Edition, by Mary Marden Velasquez et al., a manual for a group-based approach grounded in the transtheoretical model.

Book Information

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Customer Reviews

"For over a decade, the stages-of-change model has created a paradigm shift in the conceptualization, design, and delivery of treatment services for substance use disorders. This updated volume reflects the ongoing evolution of the theoretical model and its ever-expanding

clinical application. Particularly noteworthy is a completely revised chapter on group treatment and an intriguing new chapter on applications in health care and other settings. This book is both a valuable treatment guide for clinicians and an excellent classroom text for students."--Arnold M. Washton, PhD, Executive Director, Recovery Options, New York City and Princeton, New Jersey"This is a unique volume produced by leading experts in the addiction field. It presents key concepts related to the process of change and shows how they can inform treatment. The book is straightforward and highly readable, with engaging clinical examples."--Marc Galanter, MD, Director, Division of Alcoholism and Drug Abuse, New York University School of MedicineÃ Â "The path toward successful resolution of substance use problems is not an easy one. This book offers up-to-date research and clinical information focusing on processes of change when working with individuals with problematic substance use. The roadmap to change offered in this book can be used by a wide range of clinicians. Updates in the second edition address the current needs of the field and add to the utility of the book for clinicians, students, and instructors."--Shulamith Lala Ashenberg Straussner, DSW, LCSW, Silver School of Social Work, New York University"I have been using this text for four years in my Treatment Delivery course. The text describes in detail the stages encountered in making any significant lifestyle change, and helps students conceptualize and understand the process of recovery. Students get valuable insights into how to plan interventions that assist clients to move from each stage of change to the next."--E. Michael Bartlinski, LCSW-C, Adjunct Professor of Human Services, Anne Arundel Community College, Arnold, Maryland (on the first edition)"A rock solid book. It deserves to be utilized in the best and most up-to-date addiction education programs." (Journal of Teaching in the Addictions 2013-01-09)"A superb text that provides an excellent foundation for evidence-based practices for those clinicians who work in both administrative and clinical capacities with this challenging population." (Clinical Social Work Journal 2013-01-09)"The transtheoretical model is enormously popular with practitioners and researchers in the addictions field....Readers now have an authoritative source on the clinical application of the transtheoretical model." (Journal of Studies on Alcohol 2013-01-09)"More than just a 'how-to-do' manualÃ¢â ¬â ¢readers will find it to be more of a 'how to think' book....A useful, practical, and well-written guide for both students and professionals involved in the treatment of alcohol and other drug problems. Therapists will appreciate the many clinical case studies presented throughout the text." (Addiction 2013-01-09)"This book is unique in the field of chemical dependency assessment and treatment since it is the first comprehensive application of Prochaska and DiClemente's therapeutic stages-of-change model to problems of substance abuse and treatment....Recommended for any library collecting literature on substance

abuse treatment for the use of upper-division undergraduates through faculty and professionals." (Choice 2002-01-03)

Gerard J. Connors, PhD, is Senior Research Scientist and former Director of the University at Buffalo Research Institute on Addictions. His clinical research interests include treatment of substance use disorders, patient-treatment matching, early interventions with heavy drinkers, the role of the therapeutic alliance in addictions treatment, and treatment outcome evaluation. Dr. Connors has authored or coauthored over 100 articles, book chapters, and books in the area of alcoholism and addictive behaviors. Carlo C. DiClemente, PhD, ABPP, is Professor of Psychology at the University of Maryland, Baltimore County (UMBC), and Director of the MDQuit tobacco resource center and the Center for Community Collaboration at UMBC. He is co-developer of the transtheoretical model of behavior change and is the author of numerous scientific publications on motivation and behavior change. His books include Substance Abuse Treatment and the Stages of Change, Second Edition (coauthored with Gerard J. Connors, Mary Marden Velasquez, and Dennis M. Donovan), Addiction and Change: How Addictions Develop and Addicted People Recover, and the self-help resource Changing for Good. Dr. DiClemente is a recipient of numerous awards, including, most recently, a Presidential Citation from the American Psychological Association and the Lifetime Achievement Award from the Addictive Behaviors Special Interest Group of the Association for Behavioral and Cognitive Therapies. Mary Marden Velasquez, PhD, is the Director of the Health Behavior Research and Training (HBRT) Institute at the School of Social Work, University of Texas at Austin. For more than 20 years, Dr. Velasquez has developed and studied behavioral interventions in the areas of group therapy, integrated primary care, screening and brief interventions, fetal alcohol spectrum disorder, alcohol and other drug abuse, prenatal health, sexually transmitted disease and HIV prevention, and smoking cessation. With particular expertise in the use of evidence-based brief interventions in health care, substance abuse treatment, and criminal justice settings, she is the author of numerous publications on motivational interventions in high-risk settings. She is a member of the Motivational Interviewing Network of Trainers (MINT). Dennis M. Donovan, PhD, is Director of the Alcohol and Drug Abuse Institute and Professor in the Department of Psychiatry and Behavioral Sciences at the University of Washington School of Medicine. He has over 200 publications, including five books, in the area of alcohol and drug dependence. He served as President of the Society of Psychologists in Addictive Behaviors and is a Fellow of Division 28 (Psychopharmacology and Substance Abuse) and Division 50 (Society of Addiction Psychology) of the American Psychological Association.

I bought this to get a better understanding of the stages of change. I don’t specialize in substance abuse but the organization I work at requires me to to address it with clients. This book did a good job explaining the material in a way that I can use.

State of the art. Good to read for educated family members as well as for practitioners.

For me, this was an essential read when I first started working as a counselor. Nicely written, and full of really great and useful information. I would definitely recommend this book for anyone looking for a great resource

Great book!

This is a great primer for many of us who don’t get full instruction into post-modern approaches such as Stages of Change, especially as it pertains to treating clients who want to beat substance abuse.

Gret book!

Good quality book all around. Lots of excellent tools and resources for a practitioner at any level. Thank you very much!

I love it and wish I had bought the paper copy instead.

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